



## **Launch of the CaregIVR project**

We are pleased to announce the commencement of the “Cardiovascular health promotion: The impact of Immersive Virtual Reality” project (project number 101129454–caregIVR–EU4HEALTH-2022-PJ-3), called CaregIVR. It is a pioneering initiative designed to support informal caregivers and vulnerable populations in navigating cardiovascular health, with a specific focus on post-stroke patient care. This project has been financed within the Eu4Health programme 2021-2027 of the European Union (for more details: [https://health.ec.europa.eu/funding/eu4health-programme-2021-2027-vision-healthier-european-union\\_en](https://health.ec.europa.eu/funding/eu4health-programme-2021-2027-vision-healthier-european-union_en)).

Central to this initiative is the deployment of Immersive Virtual Reality (IVR) to augment caregivers' knowledge of cardiovascular diseases and enhance their proficiency in caregiving. The novel methodology encompasses the development of life like simulations that immerse caregivers in the challenges confronted by those in need of care. By integrating immersive virtual reality into caregiver training, CaregIVR project aims to alleviate caregiver stress, enhance the quality of patient care, and promote healthier lifestyles for both caregivers and care recipients.

The partners involved in this project are the Univeristy of Huelva (Spain), Atlantica University (Portugal) and the School of Economics of Warsaw (Poland), and of course the University of Florence (Italy) in its Department of Experimental and Clinical Medicine.

This initiative represents a significant leap towards a future where technology and compassion synergize to enhance the well-being of those dedicated to caregiving roles.

Stay tuned for updates!

## Transnational Meeting: A Step Forward for the CaregIVR Project



On January 9th and 10th, 2024, we gathered with our partners of the CaregIVR project.

The host was the University of Huelva, our Spanish partner.

This meeting represented a crucial opportunity to delve into the core activity of the project after our online kick-off meeting in December.

Throughout these two days of rich exchange and collaboration, we focused on an in-depth analysis of the state of the art in the four involved countries about the definition/recognition of the informal caregiver in each State involve in the project. Specifically, our attention centered on analyzing the care provided by caregivers and developing an advanced tool for assessing their skills.

This meeting not only served as a moment of sharing and mutual learning but also marked a significant step forward in our project. The data collected and discussions held during the meeting now provide us with the solid foundation needed to progress effectively into the next phase of the project.

The upcoming chapter of CaregIVR is promising and full of potential. We are grateful for the continuous support of our partners and the academic community.

Stay connected for further updates!



## **CaregIVR Project Update: Local Commitment!**

We are delighted to share the latest developments regarding the progress of the CaregIVR project!

Following the meeting with our partners in Spain of the last 9th and 10th January, the focus has shifted to the local development of the project.

Our primary objective has been to identify local partners who can contribute significantly, especially in the recruitment of informal caregivers' sample. We have established constructive dialogues with local entities deeply engaged in the caregiver theme. These interactions have not only broadened our understanding of the challenges associated with caregiving but have also fostered the development of new ideas on how to proceed successfully with the project.

We are pleased to announce that, thanks to these meetings, we are now well-prepared to enter the heart of the project. The relationships built with our local partners are crucial, laying the foundation for a more intensive phase of the project.

Stay connected for further updates!